

# Extensions

Monthly Newsletter published by

**The Connecticut Dressage & Combined Training Association, Inc.**  
**April 2009**

## “Through the Judge’s Eyes”: A Mock L Program

By Karen Norton and Dee Loveless

The second presentation in the CDCTA Spring Tune-up Series occurred on Sunday, March 15<sup>th</sup>, 2009, at Carbery Fields in Lebanon, CT. It was definitely a chilly day, but the wonderful seat cushions provided by Carbery Fields helped ease the chill. Thank you, Carbery! The presenter, Dee Loveless, is a well-known dressage competitor, instructor, and “R” judge.

Dee gave a wonderful presentation which began with individual introductions of participants and reasons we were attending the workshop. Some of the reasons included: 1) improving teaching methods; 2) riding a more accurate test; 3) improving general knowledge; 4) getting an idea of the “L” program; 5) improving dressage scores; 6) improving test ride and consistency; 7) learning the judge’s view; 8) supporting children from a horse show Mom; 9) learning to ride each movement; 10) improving riding, and 11) making transitions from level to level.



*Elizabeth Caron on Sammy*

Dee explained the Training Scale used in dressage. It is important to move slowly from level to level on the training scale rather than jumping ahead. For example, a rider might be trying to achieve collection when they have not yet established rhythm, suppleness and contact.

Training Scale step one: Rhythm: the regularity and sequence of footfalls. The rhythm must be correct in each gait. The walk is a four beat gait with footfalls equally spaced and regular. The trot is a two beat gait (diagonal pairs) which normally has fewer issues with rhythm. The canter is a three beat gait, with a period of suspension. The four-beat canter has no period of suspension, and the diagonal pair on the “second beat” doesn’t touch the ground at the same time. Riders should ask, “Is my horse moving in good rhythm?” in their warm-up every day before moving on to anything else. Tempo is the rate of repetition of rhythm. Is the gait too fast or slow? The tempo should be consistent within the gait, not varying faster and slower. Much attention needs to be given to

*continued on page 3*



## CDCTA Board of Directors

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## 2009 Activities Calendar

### April

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**4** - Jumping a clean course and course walking with Armand Chenelle at Windcrest Farm in Hebron—Contact Donna Legere [bandit@99main.com](mailto:bandit@99main.com)

**19** - Schooling dressage show and combined test at Wishing Rock Farm. Secretary: Selby Wajcs [sbwajcs@cox.net](mailto:sbwajcs@cox.net), show manager: Beth Libby [bether11@mac.com](mailto:bether11@mac.com).

### July

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**19** - CDCTA Schooling 2-phase at Mystic Valley Hunt Club. Contact Donna Legere: [bandit@99main.com](mailto:bandit@99main.com)

### August

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**22 & 23** - Sally Cousins stadium and cross country clinic at Town Hill Farm. Contact Beth Libby [bether11@mac.com](mailto:bether11@mac.com).

### October

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**4** - Recognized dressage show at Carbery Fields in Lebanon, CT. Contact: Elizabeth McCosh-Lilie [emccosh@snet.net](mailto:emccosh@snet.net), secretary: Chris Curcio ([Ccurcio@covantaenergy.com](mailto:Ccurcio@covantaenergy.com)).

**CDCTA Board Meetings are the third Tuesday of the month.  
They are held at the DeKoven House in Middletown at 7:30 p.m.  
All members are welcome.**

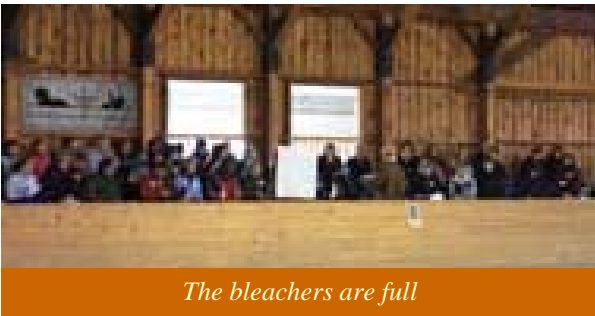


rhythm for Training Level, because it is the foundation for moving up the training scale.

Training Scale step two: Suppleness: the ability of the horse to bend easily laterally and longitudinally. For example, stretching easily over the back and neck to the bit (lifting the back), and maintaining an even and soft lateral bending line through corners, on circles, etc.

Training Scale step three: Contact: the horse seeking and taking a firm, steady and elastic connection to the bit. Training Level requires only “acceptance of the bit” and may be shown with a fairly long frame. First Level has more contact and the horse should be more on the bit stretching to the bit with the neck slightly more arched and the reins normally somewhat shorter. There is more thrust from the hind legs in First Level, which increases the contact and lays the foundation for the next step.

Training Scale step four: Impulsion: engagement or energy in the hind legs carrying through the back to the bit. Impulsion is not a quicker tempo. Second level requires more impulsion and introduces the concept of collection. Without good impulsion, you cannot have proper collection. You collect the energy (impulsion) from the hind legs and recycle it (through half-halts) to encourage the horse to begin to shift more weight to the hind leg and carry him/herself in a more uphill balance.



Training Scale step five: Straightness: the horse’s front legs and hind legs (shoulder and hips) remain aligned on straight lines, as well as curved lines (circles, serpentines, etc.). That is, the horse’s hind feet will step into the same track made by the front feet, accomplished by the horse bending (back to the need for suppleness) evenly along the curved line. Dee explained that horses at the “upper levels must bend more to stay straight”, smaller figures such as 8 and 10 meter circles. When doing lateral work (shoulder-in, haunches-in, half-passes, etc) the shoulders

and hips will deviate from the straight alignment as described in the requirements for those movements. Dee recalled that her first dressage instructor, an old world classicist, often said “1000 circles make a straight horse”. When you bend your horse, as is done on circles, you are stretching muscles on the outside of the horse’s body, asking the horse to track “straight” on the circle. For that reason it is imperative to practice left and right circles, with the result that the horse will be able to carry himself straight both ways. Start counting your circles!

Training Scale step six: Collection: the weight must come evenly onto the hind legs which won’t happen if the horse is crooked. Collection is very difficult and requires the systematic development of strength in the hind quarters (to carry the added weight that is shifted there), as well as solid ability in the 5 preceding steps on the Training Scale. The horse must be made to be ambidextrous (equally strong and supple both sides) to collect more easily. We discussed the differences between collected, medium and free within each gait.

We discussed what each score means from 10 to 0 when scored by a judge on the test score sheet. Collective Marks were explained including “Gaits”, “Impulsion”, “Submission”, and “Rider”. Gaits and Impulsion have no multiplier (are worth up to 10 points each), Submission has a coefficient of 2 (worth up to 20 points) and the Rider has a coefficient of 3 (worth up to 30 points). These were changed this year. Dee then discussed the directives (on the top of each score sheet) for riding horses at Training, First, and Second Levels. Finally, she explained the difference between “working”, “collected”, and “medium” in each gait.



Ms. Loveless explained that we should maintain some contact in free walk. If we throw the reins away then we will have a hard time making the transitions back to working walk.


When trotting, the tempo (think metronome) should not change between working and medium gaits. The medium trot requires some collection and should be the same from the first step of medium trot to the last step at the transition letter. Lengthening a trot is different. During the lengthening, the strides can gradually become bigger, with the longest occurring over X, and gradually decreased after X. Each movement should start as the rider's body is aligned at the letter.

We were treated to three sessions of multiple riders showing Training, First, and Second Levels. The first session consisted of Training riders and/or horses. We were told to go ahead and post the trot on most Training Level horses. Some riders have the idea that a sitting trot will be scored higher than a posting trot because it impresses the judge which is not so. According to Dee, the posting trot allows the horse more freedom in his/her back. The only advantage to sitting is that it can be easier to influence the horse through the use of your seat. Do not alternate from sitting to rising trot, pick one and stick with it.

It is appropriate to salute with either hand, just pick the one without the whip in it! Also don't carry a whip in the test unless you intend to use it, or think you will, otherwise it is just a distraction. If you carry a whip learn to carry it properly, along your thigh, not sticking out at some odd angle. Lastly, don't keep flipping them from one side to another in the test, it's distracting and breaks connection to the reins. Put it in the hand on the side you think you might need it and leave it there.

During all the sessions, riders demonstrated various movements taken directly from tests at each level. It was very interesting to see the differences between horses and riders as a judge would see them. Dee quizzed the participants about what score would we give each movement. She informed us that we should ask, "What is the essence of the movement?" Dee also said that transition scores should be consistent with lengthening scores, a 5 lengthening usually cannot have a 6 transition. If your horse makes a mistake or acts up during a test, "Do not fight!" Try to go on with the test as if nothing ever happened as quickly as you can. Don't train in the show arena, show off your horse's good work, and minimize the things the horse doesn't do well.

There is no rule against patting the horse during the test, but the rider will break rein contact. If you do pat your horse, be sure to use the inside hand, therefore maintaining the essential contact on the outside rein. Talking to the horse, or clucking is not allowed and the judge may deduct 2 points each time they hear it. Many judges will ignore a momentary use of voice, but be aware of the possible consequences. Finally, Dee told us that a horse that is grinding its teeth is not marked down when *she* is judging, assuming there is no other sign of tension in the horse's performance. However, if a judge believes the grinding is a sign of tension, they may lower the score of each movement in which they hear it, and possibly also lower the submission score in the collectives.

The final portion of the workshop consisted of a rider doing a Training, First, or Second Level test. Each auditor was given a copy of the test being ridden. We scored each movement and collective marks, along with written comments. After each ride we gave our scores and informed us of her scores. In some cases, the participants had lower scores than the judge! This portion of the clinic was helpful to bring together all of the things discussed during the day and see them in a real test. My goal is to ride the best test possible and to be consistent. After this clinic, I am ready to go....Now that spring has arrived there are no excuses to stop me from working and incorporating all the great ideas that I learned at the Mock L Clinic 



The Connecticut Dressage & Combined Training Association, Inc.

**CDCTA Schooling Dressage and Combined Test**

April 19, 2009, Wishing Rock Farm, 3942 Phelps Rd, West Suffield, CT

**Judge: Corinna Scheller-Fleming (L with distinction)**

**Secretary:** Selby Wajcs  
18 Charlie Circle, South Windsor, CT 06074  
860-644-5150  
sbwajcs@cox.net

**Organizer:** Beth Libby  
413-219-7252  
bether11@mac.com

**Class List**

**Dressage:** USDF 2007 Introductory Tests A-B  
USEF 2007 Training Level 1-4  
USEF 2007 First Level 1-4  
USEF 2007 Second Level and above (state test to be ridden)

**Combined Test:** Walk-Trot/cross rails (USDF WT test 2)  
Elementary (Beginner Novice Test A)  
Beginner Novice (Beginner Novice Test A)  
Novice (Novice Test B)  
Training (Training Test B)

**NEW! Mini- XC/Trail Course:** Small jump(s), bank & trail obstacles, to be ridden @ walk & trot

**Fees:**

**Dressage:** \$25 CDCTA member; \$30 non-CDCTA member per test

**Combined Test:** \$50 CDCTA member; \$55 non-CDCTA member per test

**Mini- XC/Trail:** \$15 CDCTA member; \$20 non-CDCTA member per class

Checks payable to : CDCTA (No refunds after closing date - one week prior to show)

**Awards:** Up to six ribbons and prizes awarded in each class.

High Point Award Dressage: CDCTA Adult/CDCTA Junior/Non-CDCTA Member  
Low Point Award Combined Test: CDCTA Adult/CDCTA Junior/Non-CDCTA Member

**Rules:** Current negative Coggins and Rabies vaccination certification are mandatory and must accompany entry. All competitors must wear hard hats. Classes may be combined, split, or canceled at the discretion of management. Family pets not allowed on the premises. Please treat the grounds as you would your own property. Place all trash in designated containers; no alcohol, please.

**Times:** Times will be posted on the CDCTA Website ([www.cdctaonline.com](http://www.cdctaonline.com)) or email (preferred!) sbwajcs@cox.net to have the schedule emailed to you.

**Directions:** Wishing Rock Farm, From I-91 N or S, take exit #40, Rte 20 toward Bradley Airport. Follow Rte 20 west. Right onto Newgate Rd. At stop sign, turn left onto Copper Hill Road, Bear right at fork (golf course on your right). At next stop sign left onto Phelps Rd. Farm about 1 mile on right 3942 Phelps Road, W. Suffield, CT 860-668-2307

More copies of this form can be downloaded from the CDCTA website:  
[www.cdctaonline.com](http://www.cdctaonline.com)



**The Connecticut Dressage & Combined Training Association, Inc.**  
**CDCTA Schooling Dressage and Combined Test**  
**April 19, 2009, Wishing Rock Farm, 3942 Phelps Rd, West Suffield, CT**

Exhibitor \_\_\_\_\_  
Street Address \_\_\_\_\_  
Town/State \_\_\_\_\_  
Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_  
Horse Name \_\_\_\_\_  
Dressage Test(s) \_\_\_\_\_  
Combined Test \_\_\_\_\_

**One horse/rider per entry form**

Class fees must accompany entry. Copy of negative Coggins and Rabies certificate must be sent or presented at the show. This show is run in accordance with USEA/USEF rules. Management reserves the right to combine or cancel classes as deemed necessary.

Class Fees: Dressage test - \$25 CDCTA member; \$30 non-CDCTA member per test  
Combined Test- \$50 CDCTA member; \$55 non-CDCTA member per test

Make checks payable to: **CDCTA**  
Opening Date: March 4, 2009 Closing Date: April 10, 2009

Times will be posted the Friday prior to the show on our website ([www.cdctaonline.com](http://www.cdctaonline.com)) **or** contact Selby Wajcs 860-644-5150 to have schedule emailed to you on Friday. No telephone entries, please.

Mail entries to: Selby Wajcs, 18 Charlie Circle, South Windsor, CT 06074

**Sign release below. Unsigned entries will NOT be accepted.**  
**RELEASE OF LIABILITY**  
**READ AND UNDERSTAND THIS BEFORE YOU SIGN IT!**

In consideration for \_\_\_\_\_ (the "Rider") being permitted to participate in a horse show sponsored or organized by The Connecticut Dressage and Combined Training Association, Inc. ("CDCTA") on April 19, 2009, at Wishing Rock Farm, West Suffield, Connecticut, the Rider and his/her parents (if Rider is under 18 years of age) agree that CDCTA, Wishing Rock Farm, the judge(s), and their agents, members, volunteers and assistants shall not be liable for, and agree to hold them harmless from, any accident, personal injury, death or property damage that may be sustained by any person or entity, including without limitation the Rider, as a result in whole or in part from the Rider's participation in the show. This agreement is binding on the Rider and his/her parents whether or not said accident, personal injury, death or property damage is due in whole or in part to the negligence of CDCTA, Wishing Rock Farm, the judge(s) or any of their agents, members, volunteers or assistants. The Rider and his/her parents (if Rider is under 18 years of age) agree to defend and indemnify CDCTA, Wishing Rock Farm, the judge(s) and their agents, members, volunteers and assistants for any claims, demands, or suits arising from the Rider's participation in the show, including without limitation those arising in whole or in part from the negligence of CDCTA, Wishing Rock Farm, the judge(s) or their agents, members, volunteers or assistants.

This release is signed on \_\_\_\_\_, 2009.

**RIDER SIGNATURE or RIDER'S PARENT (IF RIDER IS LESS THAT 18 YEARS OLD)**

\_\_\_\_\_



# The CDCTA Silent Auction

By: Patience Patchet

The 17th Annual CDCTA Silent Auction was on March 27th, 2009 at The Gallery in Glastonbury. We had 227 amazing items up for bid as well as several great door prizes. Some of the highlights: : the most beautiful cherry and black handmade wood tack trunk with a gorgeous horse wallpaper border on the inside donated by Tir Na Nog Tack Trunks of Marborough, CT, a weeks vacation in Florida donated by Ruth Beardsley and Tom Samsone, \$500 worth of Recovery EQ Extra Strength donated by Biomedica Labs and 20 coupons for bags of Nutrena feed. In fact, we had a marvelous sampling of everything horse from joint, ulcer, foot, and general supplements, tack, horse and rider clothing, photography and trailer services, vets services, equine and human massages, equine dental services, Reiki treatments, lesson and training packages from several accomplished trainers, horse show and trial entries and a large assortment of horse and non horse-related gift ideas, including sports memorabilia.



The economy may be hurting in the outside world, but trade was booming inside The Gallery . Those in attendance had healthy bidding appetites, and we brought in over \$9,700. After expenses, we expect a profit of approximately \$7,300.

The auction was also the ideal place for those with a healthy appetite for food as people feasted on a roast beef carving station, hot and cold appetizers and a pasta bar. Horse people and friends of horse people hung out at the cash bar and enjoyed a drink and caught up with friends they might not have seen over the winter.

All in all the auction was a great success. CDCTA would like to extend a huge thank you to all the very generous donors, the volunteers who pulled this great event together and all the attendees.

## 17<sup>th</sup> Annual CDCTA Silent Auction Supporters

**Kensington KL Select**  
**Smith-Worthington Saddlery Co.**  
**The Paddock**  
**Luiza Designs**  
**Burt Ives & Sons**  
**Tack & Consignment Shop**  
**Chestnut Ridge Farm**  
**Horseworks, Ltd.**  
**Fox Ledge Tack Shop**  
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**Fun in the Saddle, Inc.**  
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**Tir Na Nog Tack Trunks**  
**Coldflex**  
**Emerald Valley Equine**  
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**United Vet Equine**  
**Freedom Health, LLC.**  
**Biomedica Labs**

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Just Horses  
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Focus on Equine Photography  
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Alison Mador Equine Dentist  
The Refined Equine  
Mount Holyoke College  
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Mystic Valley Hunt Club  
Kent School Horse Trials  
Grand View Stable  
Frazier Farm Training Center  
Ayer Mountain Farm  
Babcock Hill Equestrian Center  
Suzanne Markham  
Lost Run Farm  
Ann Guptill  
Ann Marie Gregoire  
Windcrest Farm

Laurie Sigfridson  
Tyrone Farm  
Alena Meacham  
Grand View Stable  
Leslie Lucas  
Rochelle McPherson  
Jennifer Ford  
Kerrie March  
Deb Moynihan  
Lost Island Farm  
Corinna Scheller Fleming  
Levalnad Farm  
Northern Equine Training Center  
Donne & Cavalli Skin Care  
Jenn-Rich Acres  
Ruth Beardsley & Tom Sansone  
Carolyn Beardsley  
Adler Travel  
Body & Mind Therapeutic Massage  
A Blue Horse Training & Consulting  
Lyle Lilie and Elizabeth McCosh-Lilie  
Cheryl Matthewson  
Salon Massimo U  
Yale Repertory Theatre  
The Bauer Family

### **CDCTA Treasurer Position**

Our CDCTA Treasurer, Jennifer DeHay, resigned from the position at our last CDCTA Board Meeting. We would like to express our appreciation to Jen for her hard work as Treasurer for the last two plus years. We understand that it is difficult to be Treasurer and attend meetings and have a job that requires one to travel. Our Thanks to Jen. This means that CDCTA is in need of a new Treasurer. We would like to invite anyone who would be interested in volunteering for this position and becoming a part of the CDCTA Board to please contact Elizabeth McCosh-Lilie, by phone (860-487-0130) or e-mail at [emccosh@snet.net](mailto:emccosh@snet.net). U

**WE ARE STILL LOOKING FOR VOLUNTEERS FOR THE USDF INSTRUCTOR CERTIFICATION WORKSHOP BEING HELD ON APRIL 25 & 26 @ MT. HOLYOKE & CO-SPONSORED BY CDA & CDCTA. THIS IS A GREAT OPPORTUNITY TO AUDIT THESE CLINICS FOR FREE. LUNCH WILL BE PROVIDED FOR VOLUNTEERS. PLEASE CONTACT OUR VOLUNTEER COORDINATOR, SELBY WAJCS AT [SBWAJCS@COX.NET](mailto:SBWAJCS@COX.NET) U**



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**The Connecticut Dressage & Combined Training Association, Inc.  
Scholarship Application**

Name: \_\_\_\_\_ Junior/Adult: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-mail Address: \_\_\_\_\_

1. Are you an Amateur? \_\_\_\_\_ Professional? \_\_\_\_\_

2. How many years have you been a CDCTA member? \_\_\_\_\_

**Note:** An applicant must be a CDCTA member for at least two (2) years. Further, if one receives a CDCTA scholarship, one must wait two (2) years before applying again.

3. Do you train primarily in  Dressage or  Combined Training or  both?

At what Level? \_\_\_\_\_

Do you compete? \_\_\_\_\_ Judge? \_\_\_\_\_

Please answer each of the following questions with a succinct essay:

4. What volunteer work have you done for CDCTA? \_\_\_\_\_  
\_\_\_\_\_

5. Please describe your riding, instructing or judging career and your short and long term goals.  
\_\_\_\_\_  
\_\_\_\_\_

6. Describe the clinic/workshop/seminar you plan to attend using this scholarship.  
\_\_\_\_\_

7. What will be your cost to attend? Please include all fees for program/plan of instruction. Note, the scholarship cannot include travel/transport expenses, stabling.  
\_\_\_\_\_  
\_\_\_\_\_

8. Describe how the scholarship will help you attain your stated goals.  
\_\_\_\_\_  
\_\_\_\_\_

9. How will you take what you hope to learn and share it with other CDCTA members?  
\_\_\_\_\_  
\_\_\_\_\_

10. Include 2 letters of recommendation: one of the letters must be from someone who knows you as an equestrian and one must be from a CDCTA member.

**Deadlines are March 31st, June 30<sup>th</sup>, September 30<sup>th</sup> and December 31<sup>st</sup>.**

Mail application and letters to:

Donna Legere  
113 Pond Road  
North Franklin, CT 06254  
Telephone: 860-642-4418  
E-mail: bandit@99main.com



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## USDF INSTRUCTOR CERTIFICATION~~2009 WORKSHOPS

April 25 & 26 Teaching Workshop with: Melanie Tenney (USDF Instructor Certification Faculty) Lendon Gray (USDF Instructor Certification Examiner)

May 30 & 31 Lungeing Workshop with: Sarah Geikie (USDF Instructor Certification Examiner) Ann Guphill (USDF Instructor Certification Faculty)

July 25 & 26 Riding Workshop Training with: Vicki Hammers-O'Neil (USDF Instructor Certification Faculty) Ann Guphill (USDF Instructor Certification Faculty)

The Connecticut Dressage and Combined Training Association is pleased to announce that it will be co-sponsoring the USDF Instructor Certification Workshop Series with the Connecticut Dressage Association. The workshops will be held at Mt. Holyoke in Massachusetts. The primary goal of this program is to educate instructors who aspire to be certified. The workshops follow the USDF Pyramid of Training and strives to develop the skills and education of those instructors wishing to further their education.

### **All are Welcome!**

Applications for participants and demonstration riders can be found on CDA, CDCTA and USDF websites. Deadlines for participant and demo rider applications will be on the first day of the month prior to the workshop: March 1st, April 1st and June 1st, respectively.

You may sign up for all three workshops on one application. A large number of demo riders will be needed, so do not hesitate to apply. The opportunity to work under the watchful eyes of the Instructor Certification Faculty and Examiners is an amazing opportunity.

Send applications to Donna Leonessa at 3080 South Street, Coventry CT 06238. For questions, call her at (860) 933-1854 or email: [dleonessa@hotmail.com](mailto:dleonessa@hotmail.com).

Lunch will be provided for all participating instructors, demo riders, and volunteers.

Mt Holyoke is generously offering the use of school horses for the small fee of \$15/ride. Stabling for your own horse will be \$35/night. Stalls will not have initial bedding and must be left clean at the end of the weekend. Bedding and hay will be for sale on site.

### **Volunteers may audit for free.**

There will be a reduced audit fee for members of CDA, CDCTA, and Mt. Holyoke students. An auditor sign up will be online soon and will be in upcoming CDA and CDCTA newsletters. 



**April 25 & 26, 2009  
USDF Teaching Workshop with  
Melanie Tenney and Lendon Gray**

Mt. Holyoke College, 50 College Street, South Hadley, MA

**AUDITOR SIGN UP**

Name \_\_\_\_\_ Email Address \_\_\_\_\_ Telephone: \_\_\_\_\_  
Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Auditor Fees	One day	Two days
CDA/CDCTA Members	\$30	\$50
Youths		\$25 both days
Mount Holyoke Members		\$25 both days
Non-members	\$50	\$75

Please send Auditor Sign Up with check payable to CDA to: Donna Leonessa, [Dleonessa@hotmail.com](mailto:Dleonessa@hotmail.com) (860) 933-1854, 3080 South Street, Coventry, CT 06238. There will be no refunds. We will have stadium style seating available.

**AUDITOR'S RELEASE OF LIABILITY – READ AND UNDERSTAND THIS BEFORE YOU SIGN IT**

In consideration for \_\_\_\_\_ (the "Auditor") being permitted to attend the USDF Workshop co-sponsored or co-organized by The Connecticut Dressage Association, Inc. ("CDA") and the Connecticut Dressage & Combined Training Association ("CDCTA") on April 25 and 26, 2009 at Mt. Holyoke College (the "Farm"), the Auditor and his/her parents (if Auditor is under 18 years of age) agree that CDA, CDCTA, the Farm, the Workshop clinicians, and their agents, members, volunteers and assistants shall not be liable for, and agree to hold them harmless from, any accident, personal injury, death or property damage that may be sustained by any person or entity, including without limitation the Auditor, as a result in whole or in part from the Auditor's attendance at or participation in the Workshop. This agreement is binding on the Auditor and his/her parents whether or not said accident, personal injury, death or property damage is due in whole or in part to the negligence of CDA, CDCTA, the Farm, the Workshop clinicians or any of their agents, members, volunteers or assistants. The Auditor and his/her parents (if Auditor is under 18 years of age) agree to defend and indemnify CDA, CDCTA, the Farm, the Workshop clinicians and their agents, members, volunteers and assistants for any claims, demands, or suits arising from the Auditor's attendance or participation at the clinic, including without limitation those arising in whole or in part from the negligence of CDA, CDCTA, the Farm, the Workshop clinicians or their agents, members, volunteers or assistants.

This release is signed on \_\_\_\_\_, 2009 Auditor or Auditor's Parent \_\_\_\_\_



## CDCTA Board Member Profile

**NAME:** Jennifer Ford

**CDCTA POSITION:** USDF Liaison

**JOINED CDCTA:** 1992, was newsletter editor for 6 years.

**TOWN:** Moved to Connecticut in 1990. Currently live in Orange. I am originally from New Hampshire, but most of my family is now living in Massachusetts.

**HORSE:** None at the moment. Luckily, I get to ride lots of my student's horses...

**RIDING DISCIPLINE:** Eventer turned dressage rider

**RIDING GOALS:** To find a horse to take me to the next level in my riding, continuing at 2<sup>nd</sup> & 3<sup>rd</sup> level.

**TEACHING GOALS:** To continue my education as an instructor, hopefully becoming a USDF Associate Instructor then pursuing my USDF Instructor Certification in Training-2<sup>nd</sup> level. I would also like to enroll in the "L" judge's program.




**EDUCATION:** Graduated from the University of New Hampshire in 1989 with a degree in English. I also received my Teaching Certification in Combined Training and Dressage at UNH, a great certification program, taught by Janet Briggs, an "R" Dressage Judge. I also rode on the UNH Intercollegiate Riding Team and competed a few of the UNH horses in eventing.

Over the years, I've studied with Elizabeth Moody, Sue Ambrose, Corinna Scheller-Flemming, Ann Guptill, Dr. Max Gahwyler, Janet Briggs, Mark Weisbecker, Marcia Kulak, Jimmy Wofford, Sally Cousins, and Nancy Cole.

After graduating and moving to CT, I taught dressage and combined training for 10 years to all levels of riders at Silver Horseshoe Stables in Milford. From 1993 to 1994, I was employed at North Ridge Farm as the Barn Manager and Riding Instructor, teaching local pony club students. Currently I travel to various locations to train my students and also teach at Turning Point Farm in Woodbridge, CT.

**OCCUPATION/HOME LIFE:** A buyer for a tack shop for 14 years, unfortunately laid off this summer. Now pursuing teaching full time. Also Mom to two awesome boys, Ryan, 8 years old – future Red Sox player or rock star, and Josh, 6 years old, future Lego builder and artist! Wife to Paul (my college sweetheart – whom I met in 1987). Celebrating 16-year wedding anniversary this June.

**HOBBIES OR OTHER INTERESTS:** Golf, music, movies, Broadway shows, and reading, dancing and visiting Disney. Drink of choice: Mojitos or Lemon Drop Martinis...

**JOINED THE CDCTA BECAUSE:** I had just moved to CT and it was a great way to become involved in the horse community and to make friends. 



## CLASSIFIED ADS

CLASSIFIEDS WILL NOW RUN FOR THREE MONTHS ONLY

**Available for Free Lease** Connor is a 9yo black/bay thoroughbred who has successfully evented through Training level. Beautiful mover with consistent dressage scores and a very scopey jumper. Smart and sane, but NOT suitable for a beginner. Ideally would like to lease him to an adult amateur or a serious young rider. Owner starting grad school and does not have the time or finances to support him, but not willing to sell. Please contact Jess at (860) 268-1969 or [jessica.bauer@ymail.com](mailto:jessica.bauer@ymail.com) for more details. (6/09)

**Proven Broodmare Needs New Home A.S.A.P** Guthrie is a 6yo 17.2hh dapple gray Hanovarian/TB. She is sound and green broke w/t. Started over fences on lounge and shows excellent form. Owner forced to sell and only asking \$2,000. Contact Jess at (860) 268-1969 or [jessica.bauer@ymail.com](mailto:jessica.bauer@ymail.com) for more details. (6/09)

**Horse For Sale**—15.3H bay TB/AppendixQH cross. Bear is trained through 2nd level, schooling 3rd. Jumps a 3'3" - 3'6" course. Sweet, handsome, great mover. \$20,000/o.b.o. email for more info and pictures to [j.churchill33@comcast.net](mailto:j.churchill33@comcast.net) or call Jodi at 203-463-8651. (7/09)

**PONY BLANKET FOR SALE:** 63 inch Rhino stable blanket; Good condition; no tears; Quality design and hardware; has tail flap and high neck; black/green/purple plaid color with purple trim; \$50 firm. Contact Cheryl at (860)460-6929 or [applewoodacres@charter.net](mailto:applewoodacres@charter.net) (7/09)

To insert or take out a classified ad, please contact Jenny Berelson at [berelsonj@yahoo.com](mailto:berelsonj@yahoo.com)