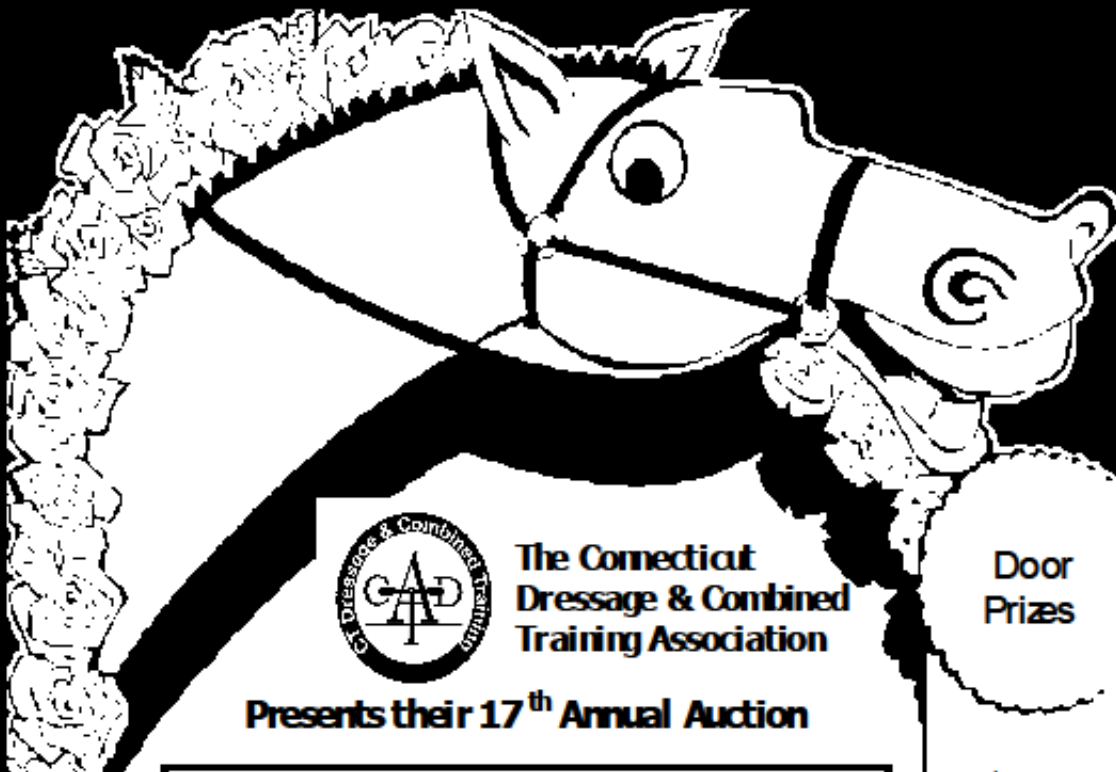




Extensions

Monthly Newsletter published by

The Connecticut Dressage & Combined Training Association, Inc.
March 2009



The Connecticut
Dressage & Combined
Training Association

Presents their 17th Annual Auction

SILENT AUCTION

March 27, 2009

To be held at

The Gallery

141 New London Turnpike, Glastonbury, CT

6:30 to 9:00 p.m.

* New Horse & NonHorse Related Items,
Gift Certificates & Services *

To donate an item for the auction or if you
have any questions or inquiries, please contact
Patience Patchet, 860-370-9118 or
Cheryl Matthewson, 860-460-6929

Go to www.cdctaonline.com for
an up-to-date list of donations

Door
Prizes

\$8.00
Admission

Appetizers,
Roast Beef/
Pasta Buffet
Cash Bar

Fun
&
Friends



CDCTA Board of Directors

Officers

President emccosh@snet.net	Elizabeth McCosh-Lilie 860-487-0130
Vice-President patiencep@cox.net	Patience Patchet 860-370-9118
Treasurer jrdehay@snet.net	Jennifer R. DeHay 860-537-8765
Secretary susiell@hotmail.com	Sue Ellen Wierzbicki 203-809-2234

Board Members

Donna Legere bandit@99main.com	860-642-4418
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Selby Wajcs sbwajcs@cox.net	860-644 5150
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Ernie susiell@hotmail.com	Sue Ellen Wierzbicki 203-809-2234
Sunshine Fund EquineInsight@gmail.com	Kristin Elliott Leas 860-510-2262

Activities Calendar

March 2009

15 - In the Judge's Eye: How to turn 5 into an 8 at Carberry Fields in Lebanon with Dee Loveless—Contact Donna Legere bandit@99main.com

27 - Silent Auction at The Gallery Restaurant in Glastonbury—Contact Patience Patchet patiencep@cox.net or Cheryl Matthewson applewoodacres@charter.net to volunteer. This is our biggest fundraiser and helps to support all of our programs.

April 2009

4 - Jumping a clean course and course walking with Armand Chenelle at Windcrest Farm in Hebron—Contact Donna Legere bandit@99main.com

19 - Schooling dressage show and combined test at Wishing Rock Farm. Secretary: Selby Wajcs sbwajcs@cox.net, show manager: Beth Libby bether11@mac.com.

July 2009

19 - CDCTA Schooling 2-phase at Mystic Valley Hunt Club. Contact Donna Legere: bandit@99main.com

October 2009

4 - Recognized dressage show at Carberry Fields in Lebanon, CT. Contact: Elizabeth McCosh-Lilie emccosh@snet.net, secretary: Chris Curcio (Ccurcio@covantaenergy.com).

**CDCTA Board Meetings are the third Tuesday of the month.
They are held at the DeKoven House in Middletown at 7:30 p.m.
All members are welcome.**



CDCTA 2009 Spring Tune-up



www.localriding.com/equestrian-eventing.html

Mark your calendars for three great opportunities to get ready for the 2009 show season. The CDCTA will offer three clinic opportunities for you to tweak your dressage, XC, and jumping skills.

The first clinic, unmounted, will be on February 21 from 10 am to noon at the Lebanon Fire Complex on Waterman Rd in Lebanon. Ann Bowie, BHSII (T), will discuss the rules used for the cross country phase, including new rules for 2009. Ann will provide cross country clues so that we can avoid getting eliminated during that challenging phase. Admission for CDCTA members is one non-perishable food item. Admission for non-members is \$5.00 and one non-perishable food item.

The second clinic is with Dee Loveless on March 15 from 9am to 3pm at Carbery Fields Farm in Lebanon. Dee is a well-known "R" judge and instructor and will provide us practical information that will improve our dressage rides. Carbery Fields Farm is a beautiful facility with ample room for auditors. The day will start with a discussion of the training scale and then mounted demo riders will take us from training to second level. The focus will be how to turn a score of 5 into a score of 8. The day will finish with a test scored by the auditors to show their understanding of what the proper movement looks like. Dee will also score the test so you will be able to compare your marks with those of an "R" judge. The auditor fee is \$30. CDCTA members will receive a \$5 rebate at the clinic when they check in. Lunch is included in the audit fee. Look for online registration for this clinic at <http://elizabethcarondressage.com/Clinics> or at the CDCTA website: <http://www.cdctaonline.com/>

The final clinic for jumping will be held at Windcrest Farm in Hebron, with Armand Chenelle on April 4, 2009, from 10am to 3pm. Jumping sessions will include three riders at a specific level for one and one half hours. Armand will concentrate on helping us ride a jumping round without pulling a rail. This is a great opportunity to get tuned up before the schooling shows in April. Fee for this clinic is \$55 for CDCTA members and \$60 for non-members. Audit fee \$5 for members and \$10 for non-members. Auditors are strongly encouraged to attend.

Watch the newsletter for specific information and entry forms. If you have questions, contact Donna Legere bandit@99main.com. 



The Do's and Don'ts of The XC Phase with Ann Bowie

By Karen Norton

We had a glorious, sunny day on 2/21 for the first CDCTA Spring Tune-up Clinic at the Lebanon Fire Complex in Lebanon, CT. Ann Bowie, BHSII (T) [British Horse Society Intermediate Instruction (Teacher)], presented a jammed-packed, practical, and extremely useful lecture for lower level eventors that provided a common sense approach to the new and existing XC Rules. We had many lively and humorous discussions for every point Ann made.

Ann informed the audience that the Omnibus and Rule Book are no longer provided to the USEA members. She explained that everyone needed to “Print or buy a USEA Rule Book (\$8.00) and read it before competing.”

Ms. Bowie discussed the benefits of using the USEA website. We were given hints how to print the rule book, how to use the Forms and Documents Menu to obtain many useful items, how to register horses so that we qualify for championships and/or year end awards, and how to navigate to the Area 1 website. There are many helpful services that can be obtained from the Area 1 website, including Area 1 Virtual XC Rides to prepare mentally before the events. Ann suggested that all of the Area 1 riders need to become familiar with the website.



Ann discussed many situations that may result in elimination or penalties during the XC Phase. Any rider that falls off at a jump and any horse that falls is automatically eliminated. A clarification of the rule for fences over 12”, is that any halt (loss of forward momentum) results in a refusal, while a quick stop and go at fences under 12” (drops, ditches, etc.) is not penalized. We were also told that sideways movement is okay, but backward movement is penalized.

Ms. Bowie encouraged us all to volunteer as jump judges. She explained that fence judging will help our technique when we actually ride the XC fences. Of course volunteering also helps the event organizer!

Ann recommended that we walk XC three times before riding the course. The first time we walk the course represents what the horse actually sees when they navigate the course. The second walk should take longer and we should examine each fence closely for things like angle of the sun, footing, the appropriate approach line, where the judge is sitting, and finally watching other competitors jump, if possible. The third walk should represent how you would actually ride the course.

A number of pertinent items were discussed with respect to the XC Phase. Ann explained the difference between obstacles at different levels and the fact that XC distances have increased for all levels from Novice up. The colors of markers for each level at USEA Recognized Horse Trials were explained. Ms. Bowie was quick to point out that schooling horse trials may use any color markers. We talked about how it was okay to hand a mounted rider a whip, headgear, or glasses. If the rider has fallen (automatic elimination) by all means stop the horse, but the rider will not be allowed to leave the course until he/she is cleared by the EMT.

continued on page 5



The stadium phase was briefly discussed. Ann pointed out that BN, N, and T riders are allowed three refusals before elimination. P riders and above are eliminated after two refusals. Ann suggested wearing a hunt coat, if at all possible, out of respect for the judge. However, there was much discussion about the “new” approach that riders wear xtry vests to jump stadium and then proceed directly to ride xtry. If you are not wearing a hunt coat for stadium, you must have a shirt with sleeves and you may not wear your stock tie.



Hoses/riders that are registered with the USEA are eligible for year end awards. Ann encouraged us all to ride in the Area 1 championships if at all possible. Details for each level championship can be found on the USEA website. Ann explained that to qualify for the championships, one needs to place 1st through 3rd at any recognized event in Area 1 during a one year period preceding the championships. We were also encouraged to ride or attend the AEC Championships in Illinois. After this year the AEC will move to the West Coast for three years.

Ms. Bowie finished the presentation by recommending a book, Cross Country Riding, by Lucinda Green. Although the book was out of print, it is now being published again. This book is superior to others because it gives examples of good and not-so-good riding techniques for a variety of XC obstacles. This was a great way to start out the year through the introduction/review of riding the cross country course. This two hour presentation certainly has me chomping at the bit to get riding again after a very long and snowy winter. U

Bad fences, good neighbors

T. Ellen Davis, **Starke, Florida**

We had recently taken over an old farm and were in the process of replacing barbed wire with horse-safe fencing. In one large pasture the wire was so covered in vines that we felt safe in turning our six geldings out until we fenced the other pastures.

For about three months, we worked on re-fencing 54 acres while holding down full-time jobs. One day, I left work a bit early hoping that with a little preparation we could complete the job that night. Imagine how upset I was to come down the drive and see no horses in the field. Slamming the truck into park, I hurried to the barn to collect halters, ropes, and a feed bucket, knowing I would be hunting loose horses. When I came out the other end of the barn, all six horses were in their field, watching my husband's truck come down the farm road.

With further inspection, we found that there was a narrow hole in the fence. The neighboring landowner said that as soon as our trucks went out the drive each morning, all six horses would shimmy through the slight gap, graze and play all day, and then, about 10 minutes before we came home, they would line up single file and slip back into their field, one by one. The retired farmer loved the idea of horses on his empty field, assured us the area was safe and fully enclosed, and said he didn't mind the "mowed" grass or the extra fertilizer. U



2009 CDCTA Board of Directors

By Sue Wierzbicki

It's a new year and we have quite a few changes to the Board of Directors. Some familiar faces are back and several new ones have appeared. All of us will be working hard on behalf of all of you CDCTA members, providing top notch clinicians, schooling shows, a rated dressage show, a great lecture series, and many other goodies to enjoy. And as always, we appreciate any input or suggestions from our membership. Feel free to contact any of the board members listed in Extensions, the CDCTA Newsletter.

The changes to the Board are as follows: Our new **President** is long-time board member, **Elizabeth McCosh-Lilie**. Look for her upcoming Board Member Profile in the Newsletter. Ruth Beardsley is no longer President or a board member due to a very busy schedule, but she has graciously offered her assistance in any area that might require her expertise. **Patience Patchet** remains as **Vice-President**. **Sue Wierzbicki** will be the new **Secretary** as well as remaining the **Ernie Committee Coordinator**. **Barbara Nunes** is no longer Secretary due to her being out of CT during the winter months, but we are still fortunate to have her as a member of the board. **Jennifer Rayburn-DeHay** will remain **Treasurer**. **Selby Wajcs** is the **Volunteer Coordinator** as well as the new **Membership Coordinator**, taking over from Carrie Wind, who is no longer on the board. **Tricia Forster** remains as **Website and Advertising Coordinator**. Our **Newsletter Editor**, **Jenny Berelson**, is now a member of the board. **Donna Legere** is taking over **Scholarships** from Elizabeth McCosh-Lilie. **Jennifer Ford** is the **USDF Liaison** and **Beth Libby** is the new **USEA Liaison**, taking over from Sue Wierzbicki. **Kristin Elliott-Leas** is the new **Sunshine Fund** person. And we would like to extend a warm welcome to our new Board Members: **Karen Norton, Mickey Lorenzen, Stan Siniarski, and Jenny Berelson**. Due to other commitments the following are no longer members of the board: Ruth Beardsley, Amy Newton, and Carrie Wind. We wish to extend to them a heartfelt thank you for all of the time, effort, and work that they devoted to help make the CDCTA such a great organization.



**The Connecticut Dressage & Combined Training Association, Inc.
Scholarship Application**

Name: _____ Junior/Adult: _____

Address: _____

Telephone: _____ E-mail Address: _____

1. Are you an Amateur? _____ Professional? _____

2. How many years have you been a CDCTA member? _____

Note: An applicant must be a CDCTA member for at least two (2) years. Further, if one receives a CDCTA scholarship, one must wait two (2) years before applying again.

3. Do you train primarily in Dressage or Combined Training or both?

At what Level? _____

Do you compete? _____ Judge? _____

Please answer each of the following questions with a succinct essay:

4. What volunteer work have you done for CDCTA? _____

5. Please describe your riding, instructing or judging career and your short and long term goals.

6. Describe the clinic/workshop/seminar you plan to attend using this scholarship.

7. What will be your cost to attend? Please include all fees for program/plan of instruction. Note, the scholarship cannot include travel/transport expenses, stabling.

8. Describe how the scholarship will help you attain your stated goals.

9. How will you take what you hope to learn and share it with other CDCTA members?

10. Include 2 letters of recommendation: one of the letters must be from someone who knows you as an equestrian and one must be from a CDCTA member.

Deadlines are March 31st, June 30th, September 30th and December 31st.

Mail application and letters to:

Donna Legere
113 Pond Road
North Franklin, CT 06254
Telephone: 860-642-4418
E-mail: bandit@99main.com



Winter Clinic/Lecture Series

ONLY TWO MORE LEFT!

Dressage

In the judge's eye: How to turn that 5 into an 8
Making the right choice during your test/new rules

March 15, 2009

At Carberry Fields in Lebanon with Dee Loveless

Fee \$30 with lunch included/Members receive \$5 rebate at sign-in

Stadium Jumping

Jumping a Clean Course/Course walking

At Windcrest in Hebron with Armand Chenelle

April 4, 2009/ Fee members \$55 non-members \$60


www.cdctaonline.com or Donna Legere 860-642-4418 email bandit@99main.com



AWARDS LUNCHEON AND ANNUAL MEETING

On January 25, 2009, about 40 CDCTA members, friends and family gathered for the annual meeting and year end awards luncheon at the First & Last Tavern in Middletown, Connecticut. Attendees were able to socialize and catch up with friends while being treated to a delicious buffet lunch. During dessert the year end awards were presented. The champion of each division received a teal or duberry (pink) vest embroidered with the club's initials except, of course, Brad Turley, who received an embroidered saddle pad. (The vests never seem to include men's sizes.) We know everyone will wear them proudly and be wonderful representatives for the club. All winners also received beautiful ribbons to commemorate their achievements. The year end awards results were printed in the last newsletter. If you missed them, you can check them online at www.cdctaonline.com.

Some of our plans for 2009 were also discussed at the meeting, including the annual Silent Auction, our recognized dressage show October 4, schooling dressage shows/combined tests and both mounted and unmounted clinics and seminars with outstanding riders/trainers/judges in the eventing and dressage worlds, Ann Bowie, Dee Loveless, Armand Chenille and Sally Cousins. This year the club is excited to announce its participation in three USDF Instructor Certification Workshops at Mt. Holyoke College that will offer learning opportunities to demo riders and auditors as well as aspiring certified instructors. The club is also in the process of contacting other clinicians for eventing and dressage clinics. The club's big event in March is the annual Silent Auction, to be held on Friday, March 27, 6:30 – 9:30 pm at The Gallery Restaurant in Glastonbury. Numerous donations have already been received, which are listed on our website. For more information on all of the club's events, including applications and organizers' contacts, visit the CDCTA website at www.cdctaonline.com. Interested participants should also join the club to obtain entry fee discounts (usually more than the price of membership) and preference if the shows or clinics are oversubscribed. Membership applications appear at the back of the Pedlar, in the club's newsletters, and on the website.

On a personal note, I was very touched at the wonderful send off given to me by the club as my Presidency came to an end. I have appreciated the support of all club members and particularly the hard working board members who keep things humming. The club will now be under the experienced and competent direction of President Elizabeth McCosh-Lilie. I know that you will all give the club the support it deserves by volunteering – even a little bit helps a lot – as well as by enjoying the unequalled quality and quantity of events it offers. 

Ruth Beardsley



USDF INSTRUCTOR CERTIFICATION~~2009 WORKSHOPS

April 25 & 26 Teaching Workshop with: Melanie Tenney (USDF Instructor Certification Faculty) Lendon Gray (USDF Instructor Certification Examiner)

May 30 & 31 Lungeing Workshop with: Sarah Geikie (USDF Instructor Certification Examiner) Ann Guphill (USDF Instructor Certification Faculty)

July 25 & 26 Riding Workshop Training with: Vicki Hammers-O'Neil (USDF Instructor Certification Faculty) Ann Guphill (USDF Instructor Certification Faculty)

The Connecticut Dressage and Combined Training Association is pleased to announce that it will be co-sponsoring the USDF Instructor Certification Workshop Series with the Connecticut Dressage Association. The workshops will be held at Mt. Holyoke in Massachusetts. The primary goal of this program is to educate instructors who aspire to be certified. The workshops follow the USDF Pyramid of Training and strives to develop the skills and education of those instructors wishing to further their education.

All are Welcome!

Applications for participants and demonstration riders can be found on CDA, CDCTA and USDF websites. Deadlines for participant and demo rider applications will be on the first day of the month prior to the workshop: March 1st, April 1st and June 1st, respectively.

You may sign up for all three workshops on one application. A large number of demo riders will be needed, so do not hesitate to apply. The opportunity to work under the watchful eyes of the Instructor Certification Faculty and Examiners is an amazing opportunity.

Send applications to Donna Leonessa at 3080 South Street, Coventry CT 06238. For questions, call her at (860) 933-1854 or email: dleonessa@hotmail.com.

Lunch will be provided for all participating instructors, demo riders, and volunteers.

Mt Holyoke is generously offering the use of school horses for the small fee of \$15/ride. Stabling for your own horse will be \$35/night. Stalls will not have initial bedding and must be left clean at the end of the weekend. Bedding and hay will be for sale on site.

Volunteers may audit for free.

There will be a reduced audit fee for members of CDA, CDCTA, and Mt. Holyoke students. An auditor sign up will be online soon and will be in upcoming CDA and CDCTA newsletters. 



**April 25 & 26, 2009
USDF Teaching Workshop with
Melanie Tenney and Lendon Gray**

Mt. Holyoke College, 50 College Street, South Hadley, MA

AUDITOR SIGN UP

Name _____ Email Address _____ Telephone: _____
Street _____ City _____ State _____ Zip _____

Auditor Fees	One day	Two days
CDA/CDCTA Members	\$30	\$50
Youths		\$25 both days
Mount Holyoke Members		\$25 both days
Non-members	\$50	\$75

Please send Auditor Sign Up with check payable to CDA to: Donna Leonessa, Dleonessa@hotmail.com (860) 933-1854, 3080 South Street, Coventry, CT 06238. There will be no refunds. We will have stadium style seating available.

AUDITOR'S RELEASE OF LIABILITY – READ AND UNDERSTAND THIS BEFORE YOU SIGN IT

In consideration for _____ (the "Auditor") being permitted to attend the USDF Workshop co-sponsored or co-organized by The Connecticut Dressage Association, Inc. ("CDA") and the Connecticut Dressage & Combined Training Association ("CDCTA") on April 25 and 26, 2009 at Mt. Holyoke College (the "Farm"), the Auditor and his/her parents (if Auditor is under 18 years of age) agree that CDA, CDCTA, the Farm, the Workshop clinicians, and their agents, members, volunteers and assistants shall not be liable for, and agree to hold them harmless from, any accident, personal injury, death or property damage that may be sustained by any person or entity, including without limitation the Auditor, as a result in whole or in part from the Auditor's attendance at or participation in the Workshop. This agreement is binding on the Auditor and his/her parents whether or not said accident, personal injury, death or property damage is due in whole or in part to the negligence of CDA, CDCTA, the Farm, the Workshop clinicians or any of their agents, members, volunteers or assistants. The Auditor and his/her parents (if Auditor is under 18 years of age) agree to defend and indemnify CDA, CDCTA, the Farm, the Workshop clinicians and their agents, members, volunteers and assistants for any claims, demands, or suits arising from the Auditor's attendance or participation at the clinic, including without limitation those arising in whole or in part from the negligence of CDA, CDCTA, the Farm, the Workshop clinicians or their agents, members, volunteers or assistants.

This release is signed on _____, 2009 Auditor or Auditor's Parent _____



CDCTA Board Member Profile

NAME: Elizabeth McCosh-Lilie

CDCTA POSITION: President (2009)

JOINED CDCTA: I joined CDCTA about 1997. Actually we joined as a family for the benefit of our son, Stuart Lilie, who as a high school student, was young eventer. CDCTA provided a great opportunity for him through clinics and competition to further his skills as a rider. As a sophomore in high school, he qualified to ride on the CDCTA Novice Eventing Team that went to Gladstone team competition. It was a great opportunity for him.

TOWN: Ashford, CT

HORSE: Technically we have several horses, but most are with Stuart in Virginia. Presently, the only horse at home is Mushroom, Stuart's horse, who is in retirement. However, one never knows who will come join her in the pasture.

RIDING DISCIPLINE: My personal 'discipline' is learner. Yes, I have taken instruction in hunt seat, but that was quite a while ago. During the time I have been in CDCTA, my focus has been first on Stuart's riding and then on CDCTA.

RIDING GOALS: There is still hope for the future. One of these days you may see me in the ring instead of sequestered somewhere scoring dressage tests.

OCCUPATION/HOME LIFE: Professionally, I am a Registered Dietitian with a PhD in Nutrition. Presently, as Vice President of Science Engineering Associates, Inc., I handle all the financial, personnel and contractual aspects of the business.

HOBBIES OR OTHER INTERESTS: Besides CDCTA Board, I am on the Region 19 Board of Education and have been the Co-Chair of the Wider Church Ministry Team of the CT Conference of the UCC. Between work and these organizations, my spare time is very spare. Yes, I do other things in the garden, knitting, smoking, sewing, and cooking but these have taken a second position with committee work.

JOINED THE CDCTA BECAUSE: Obviously, the reason my husband, Lyle Lilie, and I joined CDCTA was for the benefit of Stuart. Probably, the real question is: Why did we stay members? It is because of the people who are in CDCTA and appreciation of the opportunities the organization provided to Stuart. My experience with assisting at events and running shows though time consuming, has always been rewarded by working with many great people. Getting to know riders and board members has been great.

It is my hope that as CDCTA President I can keep the organization moving forward and so that it will attract more dedicated members. We have been fortunate to have attracted some very talented leadership to the board. I hope we can attract more members who continue to bring talents to CDCTA. Particularly, I hope we can attract more young riders, who will not only benefit from the programs of the organization, but will bring their talents and long standing support. **U**



CLASSIFIED ADS

CLASSIFIEDS WILL NOW RUN FOR THREE MONTHS ONLY

NEW PRICE 2001 Hawk 2/3 Horse Gooseneck Trailer has standard side-by-side configuration in back, with box stall in front that has a slant bar for a third horse. Rear and side ramp. Dressing room. Wonderful for traveling alone, as you can tack your horse in the front box and then walk straight off the trailer. We love this trailer, but need something larger. \$17,500. Contact Donna at (860) 208-7667 or donnadunbar@charter.net. (3/09)

Wonderful schoolmaster available for on farm lease/full or partial. Learn tempi changes from a master! Palermo is 20 years young, sound and in regular work at Fox Ledge Farm. His owner is no longer able to ride fulltime and would love to share his knowledge with a dedicated rider. Please contact Ann Guptill at 860-873-8108 or eqarts@snet.net (3/09)

Available for Free Lease Connor is a 9yo black/bay thoroughbred who has successfully evented through Training level. Beautiful mover with consistent dressage scores and a very scopey jumper. Smart and sane, but NOT suitable for a beginner. Ideally would like to lease him to an adult amateur or a serious young rider. Owner starting grad school and does not have the time or finances to support him, but not willing to sell. Please contact Jess at (860) 268-1969 or jessica.bauer@ymail.com for more details. (6/09)

Proven Broodmare Needs New Home A.S.A.P Guthrie is a 6yo 17.2hh dapple gray Hanovarian/TB. She is sound and green broke w/t. Started over fences on lounge and shows excellent form. Owner forced to sell and only asking \$2,000. Contact Jess at (860) 268-1969 or jessica.bauer@ymail.com for more details. (6/09)

To insert or take out a classified ad, please contact Jenny Berelson at berelsonj@yahoo.com